

Free Copy Acupuncture And Chinese Herbal  
Medicine For Womens Health Bridging The Gap  
Between Western And Eastern Medicine

# **Acupuncture And Chinese Herbal Medicine For Womens Health Bridging The Gap Between Western And Eastern Medicine**

Traditional Chinese Medicine Made Easy!Data  
Analytics for Traditional Chinese Medicine  
ResearchThe Treatment of Pain with Chinese  
Herbs and Acupuncture E-BookPain Management  
in Veterinary PracticeTraditional Chinese  
MedicineAnti-cancer DrugsAcupuncture for IVF  
and Assisted ReproductionThe Treatment of  
Pain with Chinese Herbs and  
AcupunctureClinical Manual of Chinese Herbal  
Medicine and AcupunctureAnecdotes of  
Traditional Chinese MedicineTraditional  
Chinese Medicine Cupping Therapy - E-  
BookChinese Herbal MedicineWestern Herbs  
according to Traditional Chinese MedicineThe  
Psyche in Chinese Medicine E-BookHealing Your  
Eyes with Chinese MedicineThe Psyche in  
Chinese MedicineChinese Medicine and  
HealingTreating Autoimmune Disease with  
Chinese MedicineEvidence and Rational Based  
Research on Chinese DrugsThe Treatment of  
Knotty DiseasesPrinciples of Chinese Herbal  
MedicineIschemic Stroke of BrainTraditional  
Chinese MedicineThe Ben Cao Gang MuStatements  
of Fact in Traditional Chinese MedicineFemale  
Urinary Tract Infections in Clinical  
PracticeComplementary Therapies for the Body,  
Mind and SoulChinese Herbal Medicine for

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BeginnersEvidence-based Clinical Chinese  
Medicine - Volume 6: Herpes Zoster And Post-  
herpetic NeuralgiaTraumatic Brain  
InjuryPrinciples of Traditional Chinese  
MedicineFluid Physiology and Pathology in  
Traditional Chinese MedicineThe Practice of  
Chinese MedicineAsthmaChinese Medical  
Therapies for Diabetes, Infertility,  
Silicosis and the Theoretical  
BasisAcupuncture and Chinese Herbal Medicine  
for Women's HealthDebatable Topics in PCOS  
PatientsPharmacopoeia of the People's  
Republic of ChinaAcupuncture & Chinese Herbal  
Medicine

## **Traditional Chinese Medicine Made Easy!**

This contributed volume explores how data mining, machine learning, and similar statistical techniques can analyze the types of problems arising from Traditional Chinese Medicine (TCM) research. The book focuses on the study of clinical data and the analysis of herbal data. Challenges addressed include diagnosis, prescription analysis, ingredient discoveries, network based mechanism deciphering, pattern-activity relationships, and medical informatics. Each author demonstrates how they made use of machine learning, data mining, statistics and other analytic techniques to resolve their research challenges, how successful if these techniques were applied, any insight noted

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and how these insights define the most appropriate future work to be carried out. Readers are given an opportunity to understand the complexity of diagnosis and treatment decision, the difficulty of modeling of efficacy in terms of herbs, the identification of constituent compounds in an herb, the relationship between these compounds and biological outcome so that evidence-based predictions can be made. Drawing on a wide range of experienced contributors, *Data Analytics for Traditional Chinese Medicine Research* is a valuable reference for professionals and researchers working in health informatics and data mining. The techniques are also useful for biostatisticians and health practitioners interested in traditional medicine and data analytics.

## **Data Analytics for Traditional Chinese Medicine Research**

## **The Treatment of Pain with Chinese Herbs and Acupuncture E-Book**

Educates readers about Traditional Chinese Medicine (TCM), ( acupuncture and Chinese herbal medicine), and how women's health problems are effectively treated holistically versus the typical Western, compartmentalized approach. Acquire a basic understanding of

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TCM - what it is and how it works - as well as its benefits, risks and potential for treatment. Potential benefits of using TCM decrease the discouragement and futility felt by many women who cope with chronic health problems like menstrual irregularities, infertility, insomnia, pregnancy related issues and menopause. Women do not usually consider TCM as a treatment alternative until after receiving failed Western treatment. TCM can be a primary part of health care.

Information and knowledge about TCM is lacking. TCM can help many women overcome and resolve health concerns. TCM's potential for early detection, strengthening of the immune system, reversal of symptoms and prevention of disease unfortunately remains unnoticed. \*

- \* Broadens understanding of how TCM and western medicine differ in diagnosis and treatment. A holistic versus compartmentalized approach. \*
- \* Explains how acupuncture systems work in easy-to-understand language. \*
- \* Outlines gynecological, reproductive, and menopausal disorders more naturally and completely. \*
- \* Approaches disorders including PMS, painful, heavy, irregular menstruation, PCOS, infertility, and pregnancy-related issues from a TCM perspective. \*
- \* Shares nutritional, lifestyle factors and tips to help you make better, more informed choices about your health. \*
- \* Discusses other health issues including insomnia, incontinence, vaginal itching, heart disease, and headaches. \*
- \* Explains how TCM considers the impact of

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lifestyle, diet and nutritional choices and discusses these as part of the treatment plan. .

## **Pain Management in Veterinary Practice**

After the successful introduction of acupuncture to the West, recent advances in analytical methods in chemistry, molecular biology and systems biology - especially the development of the "omic" technologies - have again brought Chinese drugs into the focus of research on Traditional Chinese Medicine (TCM). With more than 1000 publications on the chemistry, molecular biology and pharmacology of TCM drugs in international journals over the last 10 years, Chinese drugs are gaining increasingly reputation and impact. These data offer great opportunities for the development of new pharmaceuticals for various clinical applications.

International scientists have compiled relevant and trend setting research results in this book. Topics range from the latest methods of quality and safety assurance by chemical and genetic fingerprints to the development of new pharmaceuticals for a future evidence-based therapy e.g. for cancer, cardiovascular, inflammatory or infectious diseases as well as to recent experimental results on multitarget and synergy research for the preparation of multi-extract-pharmaceuticals from TCM.

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## **Traditional Chinese Medicine**

The beginner's guide to healing and harmonizing with Chinese herbal medicine

Chinese herbal medicine is a system of assessing and diagnosing the underlying causes of illnesses that has been refined over thousands of years. Taking a holistic approach, Chinese herbal medicine focuses on the whole person and emphasizes preventing illnesses by maintaining a physical, mental, and spiritual balance. Chinese Herbal Medicine for Beginners makes this vast landscape digestible for beginners and seasoned herbalists alike so you can confidently, and quickly, make soothing remedies of your own. Discover the principles of Chinese herbal medicine with a helpful primer on the systems that make up our bodies and what illness factors can cause imbalances. Set up your home apothecary with herbal decoctions, infusions, oils, and more using easy steps. Explore profiles on popular herbs, including their most common uses, before taking healing into your own hands with 100+ beginner-friendly recipes for Chinese herbal formulas. Chinese Herbal Medicine for Beginners includes: Bundle of energy--Get to the root of Chinese herbal medicine with an overview of our energetic systems: Yin and Yang; Essence, Spirit, Qi, Blood, and Moisture; Fire, Earth, Metal, Water, and Wood. Herbal glossary--Amazing in-

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depth profiles cover 35 affordable, accessible herbs--each including the herb's healing properties, temperature, and treatment category. Holistic harmony--Fortify your health with 100+ formulas and remedies for a diverse range of disharmonies, like blood deficiencies, back pain, anxiety, diabetes, colds and flus, insomnia, and more! Brew your way to better health and balance with Chinese Herbal Medicine for Beginners.

## **Anti-cancer Drugs**

## **Acupuncture for IVF and Assisted Reproduction**

Complementary Therapies (CT) refers to the practices, products, or health systems that are outside the realm of conventional medicine, used to treat disease or to promote health and well-being. Defining CT is difficult, because the field is very broad and constantly changing. The title of this book includes the words body, mind, and soul. The body and the mind (and their reciprocal relations) have been extensively studied scientifically. What about the soul? The book brings some points about this new ground in CT. We hope you find in the present work the sincere desire to collaborate with the dissemination of knowledge. May this book be useful and pleasant to you.

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## **The Treatment of Pain with Chinese Herbs and Acupuncture**

For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with “essential acupuncture” where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb’s practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight.

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## **Clinical Manual of Chinese Herbal Medicine and Acupuncture**

A foremost Western expert on Chinese Medicine demonstrates how acupuncture and Chinese herbs are used in everyday clinical practice. He integrates extensive research with abundant direct clinical experience.

## **Anecdotes of Traditional Chinese Medicine**

The stroke is the third leading cause of death and disability across the globe. We have evolved from a sense of frustration and helplessness to proactive and effective management in the hyperacute and acute phase of a stroke. The aim is to salvage the ischemic brain and turn it again into a viable and functional one. Advances in imaging and newer therapeutic strategies of this devastating illness have changed our outlook. The modern management of an ischemic stroke involves intravenous thrombolysis within a window period of four and half hours. Endovascular management with newer stent retrievers has a higher rate of recanalization with an extended therapeutic window. A new era has emerged in the management of ischemic stroke treatment. This book, written by experts, aims to improve the understanding of stroke medicine for postgraduate medical students in medicine and

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neurology who have an interest in stroke care.

## **Traditional Chinese Medicine Cupping Therapy – E-Book**

We are in constant search for new therapeutic options to cure cancer. In this book, you can find out how scientists throughout the world deal with this problem. Readers will learn how to engage nature, chemical synthesis, and cell machinery to design new anticancer agents. Nature has already been very generous in providing us different compounds which are in widespread application. Starting from these resources, various synthetic processes are applied to create synthetic drugs which can be then obtained in large quantities. Also, the cell by itself provides different possibilities to meet the constantly increasing requirements for successful therapy. Explore the book and find out what are the new ways to fight cancer.

## **Chinese Herbal Medicine**

Incorporating orthodox medical theory and the existing evidenced-base for the use of acupuncture therapy, Acupuncture for IVF and Assisted Reproduction enables acupuncture practitioners to provide appropriate advice regarding diagnoses, orthodox tests and investigations, and tailor acupuncture

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treatment according to the stage of the fertility cycle, and associated underlying condition. An essential manual for all practitioners working in this area, or planning to do so. Simplifies complex information into easily accessible and understandable material Explains reproductive anatomy and physiology from the perspectives of both orthodox medicine and TCM Explains the underlying basis of orthodox medical fertility tests and investigations Explores the pathology and aetiology of TCM syndromes Provides detailed information on how to take a fertility medical history and how to diagnose TCM syndromes Presents the evidence for the influence of various lifestyle factors on fertility and ART success rates Provides guidelines on how to regulate the menstrual cycle in preparation for IVF treatment Explains how common fertility-related conditions such as endometriosis, Polycystic Ovary Syndrome, thyroid disease, and male factor infertility affect ART success rates Explains how to adapt acupuncture treatment to different ART protocols Provides case history templates, algorithmic acupuncture treatment pathways and patient fact sheets Explains how to manage patients with complex medical histories Looks at Repeated Implantation Failure, reproductive immunology dysfunction, and recurrent miscarriages Explains how to support patients if their IVF is unsuccessful and how to treat patients during early

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pregnancy Examines ethical considerations  
relevant to fertility acupuncture practice

## **Western Herbs according to Traditional Chinese Medicine**

Each book offers an overview of a particular type of alternative medicine in a concise format that will not overwhelm readers new to the subject. Original.

## **The Psyche in Chinese Medicine E-Book**

Chinese Pharmacopoeia 2010 is an official and authoritative compendium of drugs. It covers most traditional Chinese medicines, most western medicines and preparations, giving information on the standards of purity, description, test, dosage, precaution, storage, and the strength for each drug. It is published in three volumes, and contains up to 4567 monographs with 1386 new admissions. In Volume I, it contains monographs of Chinese crude drugs and the prepared slices. Vegetable oil/fat and its extract, the patented Chinese traditional medicines, single ingredient of Chinese crude drug preparations etc. it has 2165 monographs with 1019 new admissions (439 articles of the prepared slice) and 634 revised; Volume II deals with monographs of chemical drugs, antibiotics, biochemical preparations, radiopharmaceuticals and excipients for

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pharmaceutical use, contains 2271 monographs with 330 new admissions and 1500 revised; Volume III contains biological products, has 131 monographs with 37 new admissions and 94 revised

## **Healing Your Eyes with Chinese Medicine**

### THE PSYCHE IN CHINESE MEDICINE

comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar

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disorders and Attention Deficit Hyperactivity Disorder An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make Attractive 2-colour page layout gives easy access and navigation around the text

## **The Psyche in Chinese Medicine**

Pain Management in Veterinary Practice provides veterinary practitioners with the information needed to recognize and manage pain in a wide range of large, small, and exotic animal species. Encompassing acute, adaptive, and chronic, maladaptive pain, the book provides an up-to-date review of the physiology and pathophysiology of pain. Pain Management in Veterinary Practice offers specific strategies for addressing pain in animals, including local and regional analgesia, continuous rate infusions, and novel methods of analgesic drug delivery. With comprehensive information on the pharmacokinetic and pharmacodynamic characteristics of analgesic drugs, the book goes beyond pharmaceutical options to incorporate scientific information on techniques for complementary treatment, including physical therapy, acupuncture, chiropractic techniques, and nutritional

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strategies. Pain Management in Veterinary Practice is a valuable resource for developing pain management protocols in the veterinary clinic.

## **Chinese Medicine and Healing**

The first acupuncture and herbal medicine guide book exclusively made easy for young readers to understand. Packed with fun facts, colorful illustrations, quizzes, and simple case studies. Traditional Chinese Medicine is usually difficult for beginners to understand, but finally 'Traditional Chinese Medicine Made Easy!' is a book that simplifies TCM theories, useful acupressure points, food therapy, and tea recipes. This is a great book for children who want to learn more about the body or even adults who wish to understand the basics of Traditional Chinese Medicine and want to take care of their own bodies. This is a useful book to keep in the reception area of an acupuncture clinic, allowing kids and adults to get a basic understanding of TCM while waiting. The author, Aileen Lozada Kim (Traditional Chinese Medicine Practitioner), turned this complicated subject into a fun and cute beginner's guide. 'Traditional Chinese Medicine Made Easy!' will help you learn more about how your body works and might even inspire you to become a TCM doctor! This is a great health book to add to your bookshelf.

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## **Treating Autoimmune Disease with Chinese Medicine**

Assists in the diagnosis of conditions resulting from fluid pathology and discusses approaches to treatment using both herbal remedies and acupuncture. The text is augmented by clinical cases and listings of formulae and herbs used in treatments.

## **Evidence and Rational Based Research on Chinese Drugs**

Although Chinese medicine views pain as one aspect of a pattern, focusing on pain as the main presenting symptom is a practical approach to arriving at a diagnosis. This text gives a thorough and analytical review of the diagnosis and treatment options for pain, using acupuncture and Chinese herbal medicine. Based on the clinical experience of the author and supported by the expertise of respected acupuncturists in Chinese universities, *The Treatment of Pain with Chinese Herbs and Acupuncture* offers a comprehensive, detailed set of treatments for a wide variety of pain symptoms and conditions. Detailed modifications of specific treatments help the reader adapt theories to clinical practice. Includes thorough discussions of herbal and acupuncture treatments for common and complex pain conditions. Deals comprehensively with

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pain as the most common clinical presenting symptom. Presents treatment plans and suggests modifications to these plans, offering a wide range of treatment options. Includes detailed case histories that serve as examples of how to approach specific situations. Describes the etiologies and pathologies for pain in the context of Traditional Chinese Medicine. Offers clear discussions on the principles of treatment, and acupuncture point selection and combination. Explains and describes herbal and acupuncture treatments for common and complex pain conditions.

## **The Treatment of Knotty Diseases**

## **Principles of Chinese Herbal Medicine**

This book clearly describes how Chinese medicine can treat autoimmune diseases. Recommendations are given for acupuncture and herbal treatments for patients with a variety of different symptoms, blood results, and medical histories.

## **Ischemic Stroke of Brain**

The first book to exclusively use Chinese medical theories and terminology to guide practitioners of Chinese medicine in the use of Western herbs • Written entirely according

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to the theory, diagnosis, and treatment paradigm of traditional Chinese medicine (TCM) • Explains how to combine and modify the standard TCM formulas to non-Chinese herbs suitable for Western practitioners • Includes 58 monographs of common Western healing herbs, detailing how each plant is used clinically The ever-growing number of Chinese medicine practitioners in the West has brought about an amalgamation of many styles of Chinese medicine and various other forms of medicine from around the world. This book addresses the increasing demand for knowledge of how to integrate plants from outside the standard Chinese materia medica into the fold of Chinese medical practices in the West. It is the first in-depth guide to using Western herbs exclusively according to the theories, diagnoses, and treatments of traditional Chinese medicine that harmonizes the unique terminology and theories of TCM with other botanical medicines. The book contains 58 monographs, illustrated with full-color photographs, of herbs commonly used by Western herbalists. Each herb is grouped by the basic categorization for medicinals in Chinese medicine, such as Herbs that Resolve the Exterior and Herbs that Regulate Blood. The monographs detail the energetics, function and indication, channels entered, dosage and preparation, and contraindications of each plant. The author also explains how to use the herbs to modify standard formulas used in everyday Chinese herbal medicine,

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based on his own clinical experience. An appendix of Western Analogs for Chinese Herbs further highlights 40 Chinese medicinals that have related species growing in the West.

## **Traditional Chinese Medicine**

This clinical manual describes the treatment of 185 conditions and 18 common symptoms with Chinese herbal medicine and acupuncture. It has a strong emphasis on diagnosis and treatment. And it also discusses etiology and pathogenesis.

## **The Ben Cao Gang Mu**

The authors of the Textbook of Complementary and Alternative Medicine present practitioners, physicians, and allied health workers with detailed material for a wide ranging understanding of what Traditional Chinese Medicine can offer.

## **Statements of Fact in Traditional Chinese Medicine**

This is the original Chinese edition of the Ben cao gang mu. Compiled in the second half of the sixteenth century by a team led by the physician Li Shizhen (1518–1593) on the basis of previously published books and contemporary knowledge, the Ben cao gang mu is considered the largest encyclopedia of

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natural history in a long tradition of Chinese materia medica works. Its description of almost 1,900 pharmaceutically used natural and man-made substances marks the apex of the development of premodern Chinese pharmaceutical knowledge.

## THE PSYCHE IN CHINESE MEDICINE

comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice. Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity

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Disorder An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make Attractive 2-colour page layout gives easy access and navigation around the text

## **Female Urinary Tract Infections in Clinical Practice**

This bilingual book contains a selection of Chinese medicine anecdotes drawn from China's enormous textual archive. The sections form collections of alternative names for: Each story begins with the Chinese characters, accompanied by the pin yin with tones to guide Western students with their Chinese pronunciation. Then the English version of the story follows with a glossary to assist Chinese students with their English pronunciation.

## **Complementary Therapies for the Body, Mind and Soul**

This book comprehensively covers the latest consensus in the diagnosis and management of patients with recurrent Urinary Tract Infections (UTIs). It features a broad overview of the basic science and the spread of antibiotic resistance in UTIs. Guidelines

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are provided on the recommended approaches for using antibiotics including dosage, duration, resistance rates for a range of antibiotics, and available methods for combating antibiotic resistance. Further topics covered include prophylaxis, including conservative lifestyle modifications as well as preventative therapies. Female Urinary Tract Infections in Clinical Practice summarises the basic science, use of antibiotics, and preventative strategies for UTIs and represents a timely and valuable resource for all practising and trainee medical professionals who encounter these patients in their practice.

## **Chinese Herbal Medicine for Beginners**

The clinical specificities developed in this book, particularly from those reported in the pediatric population to those reported in complex shapes at ACOS patients, emphasize the importance of identifying not only biomarkers but also critical aspects regarding the variability in pharmacogenomics responsible for the individual response to the different drugs on the therapeutic plan. The contribution of several well-known specialists with their profound knowledge inherent to this issue into different age groups and socio geographical contexts has resulted in this interesting book with relevant key contents in asthma.

**Evidence-based Clinical Chinese  
Medicine - Volume 6: Herpes Zoster And  
Post-herpetic Neuralgia**

Evidence-based Clinical Chinese Medicine provides a 'whole evidence' analysis of the Chinese medicine management of herpes zoster and post-herpetic neuralgia. Evidence from the classical Chinese medicine literature, contemporary clinical literature, the outcomes of clinical trials and experimental studies are reviewed, analysed and synthesised. The data from all these sources are condensed to provide evidence-based statements which will inform clinical practice and guide future research. This book has been designed to be an easy reference at the point of care. During a patient consultation, Chinese medicine practitioners can refer to this book for guidance on which Chinese herbal medicine formulas, specific herbs, or acupuncture points, can best treat their patient, and be confident there is evidence which supports its use. Currently, Chinese medicine practitioners who develop a special interest in a particular health condition such as herpes zoster and its common sequelae post-herpetic neuralgia have to consult a variety of sources to further their knowledge. Typically, they use the contemporary clinical literature to understand the theory, aetiology, pathogenesis and obtain expert opinions on

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the Chinese medicine management of herpes zoster and post-herpetic neuralgia. They search the electronic literature to identify systematic reviews of clinical trials, if any exist, to obtain assessments of the current state of the clinical evidence for particular interventions. If they have the skills and resources, they may search the classical Chinese medicine literature for an historical perspective on treatments that have stood the test of time. This book provides all of this information for practitioners in one handy, easy to use reference. This allows practitioners to focus on their job of providing high quality health care, with the knowledge it is based on the best available evidence.

## **Traumatic Brain Injury**

This illustrated history is a comprehensive introduction to Chinese healing practices across time and cultures. Global contributions from 58 scholars in archaeology, history, anthropology, religion, and medicine make this a vital resource for those working in East Asian or world history, medical history, anthropology, biomedicine, and healing arts.

## **Principles of Traditional Chinese Medicine**

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This text is a guide to the four main branches of Traditional Chinese Medicine: herbalism, food cures, acupuncture and manipulative therapy. This book is an analysis of this holistic medical system, together with practical information and self-care instructions, including the art of qi gong and t'ai chi.

## **Fluid Physiology and Pathology in Traditional Chinese Medicine**

## **The Practice of Chinese Medicine**

### **Asthma**

Traumatic brain injury (TBI) syndrome has emerged as a serious health concern worldwide due to the severity of outcomes and growing socioeconomic impacts of the diseases, e.g., high cost of long-term medical care and loss of quality of life. This book focuses on the TBI pathobiology as well as on the recent developments in advanced diagnostics and acute management. The presented topics encompass personal experience and visions of the chapter contributors as well as an extensive analysis of the TBI literature. The book is addressed to a broad audience of readers from students to practicing clinicians.

## **Chinese Medical Therapies for Diabetes, Infertility, Silicosis and the Theoretical Basis**

This new edition explores and describes techniques of cupping in the context of TCM theory. It provides a clear and detailed set of practical guidelines to applying this technique for various common conditions, and looks closely at issues of safety, expectation and theoretical principles of action. This new edition includes new scientific research on cupping therapy and the effect on the immune system as well as new material on muscular pain, stress management and cupping therapy and sports medicine. A dedicated website complements the text with video clips showing the eleven methods of cupping therapy. DVD containing 12 video clips showing the use of cupping in practice. Unique scientific research on cupping therapy and the effect on the immune system. LI>16 page colour plate section containing 63 halftones. New page layout including new features. Thoroughly revised and updated throughout with more details allocated to individual treatment and methods. LI>New material on muscular pain, stress management and cupping therapy and sports medicine.

## **Acupuncture and Chinese Herbal Medicine for Women's Health**

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Traditional Chinese medicine (TCM) is the world's most comprehensive alternative and complementary medicine. With the rising morbidity of serious illnesses like diabetes, infertility, silicosis, etc., there are no highly effective treatments; even though Western medicine has made spectacular advances, this influenced us to seek Chinese medical therapies of health care. This book offers a unique perspective of Chinese medicine theories and therapies. It has practical chapters on diabetes, infertility, silicosis, kidney essence, and a compilation of contraindicated Chinese medicines for pregnancy. TCM is a treasure, and this ancient wisdom should be respected and applied to the modern medical system; it will provide more choices and a wider field of vision for Western medicine at the two cognitive crossroads of East and West.

## **Debatable Topics in PCOS Patients**

This new edition of The Treatment of Pain with Chinese Herbs and Acupuncture gives a thorough and analytical review of the diagnosis and treatment options for pain, using acupuncture with Chinese herbal medicine. Based on the clinical experience of the author and supported by that of acupuncturists in Chinese universities, it offers a comprehensive and detailed set of treatments for a wide variety of pain

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symptoms and conditions, and includes detailed modifications of the treatments, to aid clinical practice. Although pain syndromes are often complicated, involving both psychological and physical difficulties, resulting in sometimes hesitation in deciding a correct treatment, there are still some short-cut ways to achieve a successful result. Therefore, the essential intentions of the authors are very clear: To demonstrate the practitioners how to differentiate the clinical situations and how to establish the corresponding treatments. To illustrate how to apply Chinese herbs logically and how to consist an acupuncture prescription reasonably and effectively. Features -

- Thorough exploration of the aetiologies and pathologies for pain in the context of Traditional Chinese Medicine
- Clear discussion of the principles of treatment, acupuncture point selection and combination
- Detailed explanation of herbal and acupuncture treatments for common and complex pain conditions
- Deals comprehensively with the commonest clinical presenting symptoms
- Provides treatment plans and modifications to these plans, offering more options for the practitioner
- Includes detailed and useful case histories

New to this edition: New chapter on treatment of pain in children  
Separate sections for the gynecologic conditions  
Includes Western-named conditions  
Red Flags for practitioners to indicate situations which are potentially life-

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threatening or dangerous. Suggested treatments now include acupuncture as well as herbal treatments. Following on from each treatment a prognosis is now provided.

## **Pharmacopoeia of the People's Republic of China**

The book deliberates a wide range of the latest research issues on polycystic ovary syndrome (PCOS). The topics discussed include the diagnosis and management of PCOS, dwelling in more depth into the pathophysiology of the syndrome and its genetic and epigenetic basis. The book covers a contemplative discussion on the influence of changing lifestyle patterns on PCOS. The book also includes a number of chapters defining a detailed description of the associated morbidities of PCOS and its long-term sequelae. Since PCOS is quite prevalent globally, the book is also of great interest to the public. Providing detailed information suitable for patients and clinicians, it provides information about the various treatment regimens and screening recommendations for women having this condition.

## **Acupuncture & Chinese Herbal Medicine**

Wisdom from the East for Living in the West  
Discover the foundation behind this

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fascinating system of holistic health based on several thousand years of real clinical experience. Traditional Chinese Medicine (TCM) is a unique, comprehensive, and scientific system, maintaining that the root of a disease must be found, and that a patient must be treated according to their whole being as well as their surrounding natural conditions. Viewing the human as a single, integrated entity that relates with nature, TCM maintains that the human body is affected by any changes that occur in nature, and must be treated as such. Since its beginnings, not only has TCM been well preserved and documented but it has also been continuously developing and growing. Having remarkable curative abilities and few side effects, it is an effective means to prevent and treat diseases and to keep yourself strong and healthy. Principles of Traditional Chinese Medicine is systematic, concise, practical and easy to read. Originally published in China, this re-edited edition (the 3rd book in our Practical TCM series) will provide you with the principles of diagnosis, treatment and prevention of diseases. Discover the principles of treatment and prevention of diseases. Learn essential primary theories, such as Yin and Yang and the Five Elements Theory, as well as their use in clinical applications. Discover the foundations for diagnostic methods. Essential for today's alternative health library.

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