

Ask Your Gynecologist Answers To Over 200 Sometimes Embarrassing Questions Women Ask Through Every Age And Stage Of Their Lives

The Gynecological Sourcebook American Book Publishing Record The Consumer Health Information Source Book Ladies' Home Journal Doctor's Little Book of Answers Ask Your Gynecologist Bibliographic Guide to Womens Studies 1998 One Thousand Two Hundred and Fifty Health-Care Questions Women Ask Sex, Orgasm, and Coochies: A Gynecologist Answers Your Most Embarrassing Questions Living Well Mademoiselle The Couple's Guide to Fertility The Motherly Guide to Becoming Mama Take This Book To The Gynecologist With You NIH News & Features From Woman to Woman Childbirth With Love Tr1,250 Health Care Questions Women Ask Breast cancer, a woman's handbook A Gynecologist's Second Opinion Research on Women's Health Family Digest Magazine Current Therapy in Obstetrics and Gynecology Cosmopolitan Ebony Answers from the Family Doctor The Estrogen Fix Pediatrics: Pre-Test Self-Assessment and Review Every Woman's Health The Doctor Game Lange Q&A Obstetrics & Gynecology, 9th Edition Working with Your Doctor Sassy 101 Answers to Your Fertility Questions Women's Health Advisor Everything You Always Wanted to Ask Your Gynecologist Managing Patients and Stress Effectively Straight Talk with Your Gynecologist Prime Time What's Up Down There?

The Gynecological Sourcebook

Presents a collection of brief tips about health and hygiene, including when to seek medical attention for allergic reactions, which soap can dry your skin, and how to handle headaches

American Book Publishing Record

An inclusive, holistic, evidence-based guide for pregnancy, birth, and the postpartum journey—created for modern moms by the experts at the Motherly online community. Pregnancy isn't just about creating a baby. It's also about the powerful transformation we go through on the journey to becoming "mama." We created The Motherly Guide to Becoming Mama to coach and inspire you each step of the way. This is the pregnancy book we wish we'd had when we first became mothers—a mama-centered guide that doesn't just focus on your baby's needs, but honors and coaches you through this profound life change. Here's the most important thing to remember: you are a phenom, and you are going to rock this. And you don't have to do this alone. At your highest highs and your lowest lows, there is a village of professionals and peers to traverse this path with you. This book won't bog you down with demands, give you more to be worried about, or tell you what to do. It's impossible to know exactly what to expect during your pregnancy—after all, you are your own amazing woman with unique dreams, experiences, and needs. Instead, we've filled this illustrated guide with the best knowledge, wisdom, and support we have to offer, including:

- Getting pregnant—planning, conception, fertility challenges, and finding the right care provider and birth strategy for you
- Pregnancy month by month—how to understand, nourish, and support your own body and your baby's health throughout your pregnancy
- Giving birth—everything you need to feel empowered and prepared through the four stages of labor
- The "fourth trimester"—helping you heal, process your experience, and thrive in the super-important and often ignored postpartum period
- Tests and complications—no scare tactics, no intimidation; just good, well-researched information about the ways you can best prevent and prepare for challenges
- Partners, friends, and family—our best tips for your whole support team
- The many faces of mama—adoption, surrogacy, fostering, and the beautiful variety of motherhood experiences
- Answers to the most common questions mamas have about finances, maternity leave, baby gear, relationships with family, nutrition, fitness, and much more

Whether this is your first baby or your fourth, whether you're still deciding about pregnancy or have an unplanned baby on the way, becoming mama involves your body, mind, emotions, lifestyle, relationships,

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schedule, spirituality, worldview—and most of all, your heart. This is an unprecedented time to embark on the journey of motherhood. You are part of a new generation of women elevating empowerment in all its forms. The Motherly Guide to Becoming Mama was made for you—a loving and supportive embrace of your unique motherhood journey in all its power, complexity, and beauty.

The Consumer Health Information Source Book

Describes preventable, chronic diseases from which black women suffer, including diabetes, heart disease, and cancer, and offers self-tests, health information, and encouragement to help women achieve long-lasting health.

Ladies' Home Journal

Fully updated and revised, this reference guide explains the mysteries of hormones, the menstrual cycle, and explains what happens during pregnancy. Rosenthal clarifies the various forms of contraception and discusses common and not-so-common diseases, infections, and other female health issues.

Doctor's Little Book of Answers

Ask Your Gynecologist

EBONY is the flagship magazine of Johnson Publishing. Founded in 1945 by John H. Johnson, it still maintains the highest global circulation of any African American-focused magazine.

Bibliographic Guide to Womens Studies 1998

One Thousand Two Hundred and Fifty Health-Care Questions Women Ask

With groundbreaking research and an exciting new theory that will change the way women look at hormone replacement therapy for years of substantially improved health, happiness, and quality of life, The Estrogen Fix is a must-have book for every woman over 40. Dr. Mache Seibel, one of the leading doctors in women's health and menopause, proves that every woman has an ideal time to more safely begin estrogen replacement. When administered at this time, referred to as "the estrogen window," estrogen can lower your risk for breast cancer, heart disease, Alzheimer's, diabetes, osteoporosis, and more while minimizing your symptoms. Offering hope, expertise, and concrete solutions to a rectifiable problem, The Estrogen Fix is the definitive book on hormonal health for women. If estrogen has you confused or worried, if you are toughing it out because it seems too complicated to figure it out, if your doctors are reluctant to treat you and your symptoms are making your life a challenge, this book is for you.

Sex, Orgasm, and Coochies: A Gynecologist Answers Your Most Embarrassing Questions

Living Well

Mademoiselle

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Advises patients on ways to get the best possible health care and have a good relationship with doctors with information on tests, drugs, surgery, and researching medical literature

The Couple's Guide to Fertility

A guide to preventing sexually transmitted diseases and pelvic inflammatory disease and its consequences advises readers on getting the information they need from their gynecologists, describing how a gynecological exam should be conducted. Original.

The Motherly Guide to Becoming Mama

Take This Book To The Gynecologist With You

NIH News & Features

From Woman to Woman

A resource offering the most up-to-date information on women's psychological and physical health provides clear explanations of the latest health discoveries, empowering women to take control of their own lives. Original.

Childbirth With Love

The authors of *Take This Book to the Hospital with You* offer this step-by-step guide to everything from pap smears to getting a second opinion on a hysterectomy. With 57% of all women relying on their gynecologists to provide all their medical care, this book is required reading for good health.

1,250 Health Care Questions Women Ask

Previously published as part of *WHAT'S UP DOWN THERE?*. Suppose you had a wise, warm, funny best friend—who just happened to be a gynecologist. You're out with the girls for cocktails and the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about—and discover that you have a lot in common. If you were to write those questions down, then you'd have *Sex, Orgasm, and Coochies*, a life-changing little ebook that answers: Why doesn't my vagina look like the ones in *Playboy*? Should I douche? If so, how often? If I take some of my husband's Viagra, will it jazz me up for sex? My daughter masturbates regularly. I'm secretly worried she's going to grow up to be a sex maniac. Is she normal, or is my child a pervert? Why does my vagina make loud noises when my boyfriend and I are having sex? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body—and will have you recommending it to every woman you know.

Breast cancer, a woman's handbook

In this funny, outrageous and empowering book, Dr. Lissa Rankin answers all the secret gynecological questions that most women wonder about, but have always been afraid to ask. Suppose you had a wise, warm, funny best friend—who just happened to be a gynecologist. You're out with the girls for cocktails and

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the conversation turns to sex, and then to girly parts. One by one, you start asking her all the questions you've secretly wondered about-and discover that you have a lot in common. If you were to write those questions down, then you'd have *What's Up Down There?*, a life-changing little book that answers: - Do old ladies have saggy vaginas? - How do male gynecologists have a sex life without feeling like they're stuck at the office? - Is it normal for your inner labia to hang out of your outer labia? - Can the baby feel its mom having sex during pregnancy? - How common is it for one's boobs to be two totally different sizes? And so much more! As outrageously funny as it is empowering, this book reveals how to love yourself and your body-and will have you recommending it to every woman you know. From off-the wall sex questions to serious topics of women's sexual health, *What's Up Down There?* provides answers to women of all ages and stages.

A Gynecologist's Second Opinion

How can an award-winning source book that helps consumers find health information be improved? Health expert Alan Rees has done just that in his sixth edition by providing practical advice on using the Internet, tips on where to find Spanish-language health pamphlets, and recommendations on what's most important in the world of alternative medicine. The sixth edition provides users with an annotated guide to health-related resources-hotlines, newsletters, pamphlets, Web sites, CD-ROMS, magazines, books, and more! Readers are given a description on each resource and how to best use it.

Research on Women's Health

Family Digest Magazine

Covers pregnancy, childbirth, sexual disorders, infertility, birth control, sexually transmitted diseases, sexual relations, and a healthy lifestyle

Current Therapy in Obstetrics and Gynecology

Cosmopolitan

Ebony

The most thorough and up-to-date obstetrics and gynecology review available for the USMLE Step 2 CK and the Ob/Gyn clerkship exam 1300+ board-style questions deliver a thorough review of the clerkship 's core competencies *LANGE Q&A Obstetrics & Gynecology, 9e* features more than 1300 USMLE-style questions and answers with concise but comprehensive explanations of correct and incorrect answer choices. This trusted review simulates the USMLE Step 2 CK test-taking experience by including clinical vignette questions and updates on the latest in obstetric and gynecologic treatment, therapies, diseases and disorders. Questions are carefully selected to match the style and difficulty level of what students will see on the actual exams. The ninth edition features more than 35 images, and has been student and resident reviewed to assure the most relevant, up-to-date content possible. Build confidence and assess your knowledge with 1,300+ USMLE-style questions Get detailed explanations for why answers are correct or incorrect Review one subject at a time to pinpoint your strengths and weaknesses Gain a better understanding of key concepts with more than 35 images Bolster your preparation with a 150-question comprehensive practice exam Everything you need to excel: Clinical vignette questions simulate what you will see on the actual exam Student and resident reviewed to make sure you are studying the most relevant material possible Written by experienced

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Ob-Gyn faculty Questions focus on high-yield material, allowing you to maximize your study time

Answers from the Family Doctor

The most popular questions and answers from the syndicated column "The Family Doctor".

The Estrogen Fix

"Written in a Q&A format, A Gynecologist's Second Opinion answers all the questions that patients actually have but that most doctors often don't have time to answer. It addresses women's concerns while providing the facts needed to get appropriate care. Presented with the stories of women who have actually had these experiences, this authoritative guide provides detailed information on fibroids, ovarian cysts, hysterectomy, bladder problems, endometriosis, pelvic pain, ovarian cancer screening, cervical cancer, menstrual problems, and much more."--BOOK JACKET. Title Summary field provided by Blackwell North America, Inc. All Rights Reserved

Pediatrics: PreTest Self-Assessment and Review

Ask Your Gynecologist was written for all of the women who cannot find the information they need to answer their questions about their bodies. Drs. Thornton and Schramm examine the most commonly asked questions and give valuable insight and advice about everything related to gynecology, including pap smears, the menstrual cycle, family planning, infections and disorders, pregnancy, and surgery. Each chapter is divided into questions so readers can look up specific issues quickly. Examples inspired by real women's situations are also included so readers can see that all of their questions are valid and worth asking. Advice on how to choose a gynecologist, when to make an appointment, and how to ensure that daughters visit a doctor is also included, as well as a full glossary and index.

Every Woman's Health

Covers all health areas, physical and emotional, pertaining to women. Appendixes on health examinations for women, immunization guide, common medical terms, health care personnel, and a directory of health information. Index.

The Doctor Game

Lange Q&A Obstetrics & Gynecology, 9th Edition

Working with Your Doctor

The completely revised and updated edition of the most comprehensive authoritative book on the subject from Drs. Berger and Goldstein, two experts in female and male fertility.

Sassy

101 Answers to Your Fertility Questions

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Prepare EarlyScore Higher Completely revised and small enough to fit in a lab coat pocket, this review of Pediatrics features 500 questions with answers and explanations, including 200 new questions in clinical vignette format. All questions are reviewed by recent USMLE Step 2 test-takers.

Women's Health Advisor

Everything You Always Wanted to Ask Your Gynecologist

Covers when to see a gynecologist, the menstrual cycle, sexual relations, pregnancy, and health problems

Managing Patients and Stress Effectively

Straight Talk with Your Gynecologist

Clears up misconceptions about infertility and provides information on causes, treatments, and health issues

Prime Time

What's Up Down There?

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