

Read Free Dads Expecting Too Expectant Fathers Expectant Mothers New Dads And New Moms Share Advice Tips And Stories About All The Surprises Questions And Joys Ahead

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The Expectant FatherThe Birth Guy's Go-To Guide for New DadsDoomed RomanceFirst Time DadThe Assassination of Fred HamptonThe New Expectant Dad's RoadmapWe're Parents! the New Dad Book for Baby's First YearThe Expectant FatherThe Expectant Dad's HandbookThe Baby BumpPapadaddy's Book for New FathersThe Irish Dad's Survival Guide to Pregnancy [& Beyond]Becoming a DadWatch Your Junk and Other Advice for Expectant FathersPregnancy For MenDad's Guide to Pregnancy For DummiesBe PreparedWhat to Expect: Before You're ExpectingBecoming a DadYour Pregnancy for the Father-to-BeDude, You're Gonna Be a Dad!The New FatherThe New Dad's Survival GuideAsk AmyWe're Pregnant! the First Time Dad's Pregnancy HandbookDad's Pregnant TooDad Fc - Debut DadsThe New Dad's Survival GuideThe Expectant Dad's Survival GuideDad's Pregnant Too!Commando Dad: New RecruitsCheers to ChildbirthFatherhoodSo You're Going To Be a DadHome Game: An Accidental Guide to FatherhoodFrom Dude to DadGrammar AdvantageThe New Dad's PlaybookRisen MotherhoodYou're Pregnant Too,Mate!

The Expectant Father

aClyde Edgerton has four kids ranging in age from 6 to 31 years old. After three decades of fatherhood,

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there are certain things he has learned during his tenure. His way of raising his children involves, of course, lots of humor (don't curse near a mimicking child), but also the sound advice of a lifelong educator (you can't start reading to a baby too early). With **PAPADADDY'S BOOK FOR NEW FATHERS**, a great storyteller gives wise counsel to new parents--both fathers and mothers, young and old alike. Writing from experience, observation, and his vivid imagination, Clyde Edgerton conveys both caution and joy--mostly joy.

The Birth Guy's Go-To Guide for New Dads

You're having a baby! She's pregnant, which means you're pregnant. Not literally of course, but you'll be slap bang in the middle of nine months of flying hormones, back rubs, and too much talk of childbirth - you're in for the ride of your life. And you're going to be a dad. Fatherhood is just around the corner; are you ready? Most pregnancy books are for the mother but this one is just for you, the new father. We guide you through nine months of joy, excitement, fear, lots of big words, and an expanding bump, so that you emerge from this emotional rollercoaster ready for anything your newborn baby will throw at you (which will either be sick, poo, or regurgitated milk). From how your baby grows month by month to how to support your partner (it's the little things that count, we tell ourselves), international bestseller **Pregnancy for Men** is your survival guide to the whole nine months. And when the newborn arrives (and you can't put the car seat in) Mark's on hand with the next instalment **Babies & and Toddlers for Men**, packed with funny anecdotes and advice from an array of new dads.

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Doomed Romance

Dad's Pregnant Too is a witty, wise and considerate guide for expectant fathers.

First Time Dad

A comprehensive glossary of terms, a resource section, medical information, and tips for supporting your partner during pregnancy and the birth of your new baby Pregnancy can be a thrilling adventure for a couple. Although most attention is directed toward the mom-to-be, the nine months of pregnancy are an exciting, moving -- and, yes, occasionally stressful! -- time for the expectant father as well. Written with the needs and concerns of the dad-to-be in mind, this book will also help you be the best father you can be by covering such topics as: The tests and procedures your partner may undergo The impact of pregnancy on your relationship and how to handle it Ways to evaluate the expenses of having a baby How to be a great labor coach

The Assassination of Fred Hampton

Fatherhood demystified! Finally: a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a man's point of view. No psychobabble, no warm fuzzies -- just a hilarious (and surprisingly practical) military-style guide to surviving and thriving through even the queasiest moments of pregnancy, birth, and babyhood. Seasoned father and master

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infant-tamer Scott Mactavish breaks the Baby Code down and lays it out in straight-up guyspeak. The New Dad's Survival Guide includes declassified information on such topics as: Cutting the Cord: The Moment of Truth Feeding and Cleaning the NFU (New Family Unit) Surviving Sleep Deprivation Relieving Stress Without Booze The Great Boob Irony Pee, Poo, Hurl, and Snot: Getting Used to the Bodily Functions Critical Survival Tips Never Before Revealed Sex: Let the Games Begin Again Finally Dozens of Essential Terms Defined, Including Binky, Onesie, Diaper Genie, Passy, and Sippy Cup Grab your boots and strap on your helmet! The babies are coming!

The New Expectant Dad's Roadmap

A must-have baby shower gift for expectant dads! In this one-of-a-kind guide, dad, doula, and certified lactation counselor Brian Salmon and perinatal mental health and relationship expert Kirsten Brunner offer practical, modern-day survival tips for expectant dads and birth partners. Gone are the days when fathers would nervously pace the waiting room while their partners gave birth. Dads are participating in childbirth now more than ever before. However, if you're like many men, you may feel unprepared, uncomfortable, or even unwelcome in the birth room. For you, this book offers battle-tested tips to help you get in the game and prepare for one of the most incredible adventures of your life. Based on the author's Rocking Dadschildbirth course, this book will teach you everything you need to know about supporting your partner through birth, breastfeeding, and beyond. In this guide, you'll discover pointers and advice you won't find in any other childbirth or breastfeeding guide, including: A list of items to pack for the hospital that will help mom's labor go more smoothly Stealth communication skills that you can utilize during early labor to support mom and keep her in a positive state of mind How to write a

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birth plan that the labor and delivery nurses will actually pay attention to What to say and do—and what not to say and do—when mom is in active labor and feeling all the feelings A detailed account of what to expect in the delivery room as a birth partner, and how to navigate the unknown terrains when things don't go as planned How to help mom achieve proper nipple latch when she attempts breastfeeding for the first time Finally, and perhaps most importantly, you'll find tips for maintaining a strong relationship with your partner before, during, and after the birth so that you feel closer than ever when you launch into the wild yet wonderful world of parenthood.

We're Parents! the New Dad Book for Baby's First Year

"A study of sexual politics in 19th century New England through the life of one woman"--

The Expectant Father

A new dad's guide, from birth day to birthday. The pregnancy's over and the baby's here what's a dad supposed to do? Put your other new dad books away--We're Parents! is going to help you be the best dad (and partner) you can be. Wondering how to burp your newborn? Not sure how to get them to try solids? Desperate to get them to sleep? Adrian Kulp (a four-time dad himself) offers fast, fun, and easy-to-digest advice that other new dad books don't, making it simple for you to step up and do your part as a brand-new dad. Go beyond most new dad books: Supportive and helpful--Get the scoop on what it's like to be a father from someone who's been there and knows exactly what you need to hear. Quick advice--Key

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childcare tips are broken into short, convenient guides--unlike other new dad books, there's no reading an entire textbook just to change a diaper. The big moments--Track your baby's development at a glance with charts that lay out the most important milestones in one place. Who needs other new dad books when you have the expert guidance of We're Parents! at hand?

The Expectant Dad's Handbook

For a decade, Amy Dickinson has been the Chicago Tribune's signature general advice columnist, helping readers with questions both personal and pressing. *Ask Amy: Advice for Better Living* is a collection of over 200 question-and-answer columns taken from 2011–2013. As the highly popular successor to the legendary Ann Landers, Dickinson answers readers' questions with care and attention, while also providing a plainspoken, straight-shooting dose of reality that often only comes to us from close friends. Dickinson's advice is rooted in honesty and trust, which is why so many readers turn to her for advice on their everyday lives and for maintaining healthy, lasting relationships. *Ask Amy: Advice for Better Living* is a testament to the empathetic counsel and practical common-sense tips that Dickinson has been distilling for years.

The Baby Bump

Becoming a dad can be a daunting time — especially when most pregnancy and parenting information is targeted towards women. This exciting new book, from a leading expert in working with expectant dads,

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doesn't sideline or speak down to men. Instead it provides an array of targeted information to fully prepare men for their new roles — as both birth partners and fathers. The Expectant Dad's Handbook is a one-stop guide for men on their path to fatherhood. It provides practical answers to all the questions on the mind of a dad-to-be — from what to expect at each stage of pregnancy to how to cope with any worries and fears about becoming a dad. It also reveals unique insights into a dad's role during labour, showing key strategies for improving the birth. Both practical and accessible, this guide will provide all the information and advice fathers need for the journey ahead.

Papadaddy's Book for New Fathers

Perhaps the most powerful influence in the world is that of a dad on his child. Baseball gloves, dirty diapers, tiny little hands, first days of school, daddy-daughter dances, and learner's permits and so much more! There's no way you can be ready for it all, but this is when you need to get a bit of a head start. First Time Dad by Focus on the Family ministry veteran (and father of 6) John Fuller lets you in on the stuff you really need to know because in just a few months or weeks or days, your life is going to change--forever. Set good priorities. Break bad habits and/or family patterns. Recognize and recover from some common fathering mistakes. Know that your words have immense power. And learn how to cultivate a lasting parent-child relationship. So, instead of wondering "oh man, oh man, oh man what am I going to do now?" for 9 months read this short book (plus it's pretty fun too) and get excited! "Dad, your job is critical And you can do it."

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The Irish Dad's Survival Guide to Pregnancy [& Beyond]

A light and accessible guide for expectant dads which offers an honest and modern account of pregnancy from a dad's perspective. Combining real-life experiences from a fraternity of Irish fathers and an expert panel of midwives, obstetricians, psychologists and family finance advisors, The Irish Dad's Survival Guide to Pregnancy [& Beyond] will accompany the expectant Dad throughout each trimester, mood change, the labour ward and those first few months of new family life. Includes technical, legal, medical and support issues. Entitlements, including paternity leave. Full of guidance from midwives, obstetricians and psychologists. Deals with the financial impact of becoming a father. Contains sections of advice from experienced fathers.

Becoming a Dad

Brott charts the physical, intellectual, verbal and emotional changes the child is going through, provides suggestions for activities suitable for each stage, and covers such issues as saving for a child's future and how to choose child care.

Watch Your Junk and Other Advice for Expectant Fathers

How To Tackle Everything In The First Year Of Parenting! An absolute must-have for all new dads and dads-to-be. 'Debut Dads - The First Season of Fatherhood' is packed full with tricks, tactics and

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strategies for tackling the first 12 months of being a first time father. You'll get pre-season preparation plans, learn the Crazy Gang's survival guide for first time dads and get familiar with the core set pieces including bottle feeding, nappy changing and sleeping routines. This is the perfect gift for new dads and comes equipped with checklists and tips to help new fathers before they kick off, followed by ultimate guides to the relationship with mum (aka 'Head Coach'), bonding with babies and injury time woes. This bumper book also covers the most popular questions expectant dads chant from the terraces, such as: - When should I give my baby his first bath? - Can new fathers get post-natal depression? - How do you know if your baby has colic? - How long will it take before I have a connection with my baby? Discover everything you need to know about becoming a dad in 13 easy-to-read chapters 1. Introduction 2. Pre-Season (getting the stadium kitted out and ready for your new arrival) 3. Making your debut (pregnancy and labour is over, so here's everything you need to think about from the moment your baby is born) 4. Sleep and 3am Kick Offs (putting a baby to bed, crying in the night and sleep deprivation) 5. Baby v. Food (feeding, weaning and solid foods) 6. Travel and Away games (leaving the home and the lowdown on prams and pushchairs) 7. Relationship with the Head Coach (the mum) 8. You: The Manager of Dad FC (becoming daddy, mental and physical well-being and the Crazy Gang's survival guide for first time parents) 9. Injury time (dealing with injuries and illness) 10. The Loan System (childcare and childminders) 11. Bonding with Babies 12. The Big Games of the Season (baby development) 13. Win it like Leicester City (win parenting in your first season like Claudio Ranieri won with Leicester City in 2016 - the comparisons are uncanny, seriously) The Final Whistle Having a baby is one of the most significant, exciting and scary times in a man's life. It's great to have the familiar surrounding of a football season to guide you through it, step by step! You'll never realise how much football and fatherhood have in common! The content of this book has also been approved by a trained midwife and

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psychologist so there! Awards Top 10 in Families & Parents > Fatherhood (UK Books - August 2016) #3 in Family Relationships (Top #100 Kindle Store UK Free - August 2016) #3 in Fatherhood (Top #100 Kindle Store US Free - August 2016)

Pregnancy For Men

Being a great first-time dad doesn't mean being perfect. It means having the tools you need to be a supportive partner during and after pregnancy--which is exactly what *We're Pregnant! The First-Time Dad's Pregnancy Handbook* is all about. From heartburn and headaches to birth and breastfeeding, *We're Pregnant!* features practical, action-oriented pregnancy advice from the author of the Dad or Alive blog, Adrian Kulp, a (once clueless) dad who's been there and done that--three times, in fact!

Dad's Guide to Pregnancy For Dummies

Describes the changes accompanying each month of pregnancy and covers financial concerns, emotions, ways to support one's partner, and preparation for fatherhood.

Be Prepared

In this new book, Parke considers the father-child relationship within the "family system" and the wider society. Using the "life course" view of fathers, he demonstrates that men enact their fatherhood in a

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variety of ways in response to their particular social and cultural circumstances.

What to Expect: Before You're Expecting

Guides prospective fathers in parenting from pregnancy to the third year, providing advice for practical and emotional challenges, pinpointing developmental milestones, and detailing the role of a father in a child's life.

Becoming a Dad

2020 - The most up-to-date guide about fatherhood that will encourage you with facts and humor. The word "parenting" can cause all sorts of nightmares in your head right now, and if it is, congratulations. No seriously, congratulations! This means you're not an idiot, and you are aware of the difficult task that lies ahead. Society often tells us dads that our job is to simply provide financial support and leave the caring part to our partners. Well, I'm here to tell you that this is utter nonsense! That whole spiel about how women are biologically attuned to be more nurturing while men are better off running around chucking spears at things? Baloney! However, the news of having a baby is 10 parts bliss but approximately a million parts terrifying, and I can guarantee you that your partner has her nose deep in all sorts of books on how to get through the next nine months and beyond. With this book, you will: - Learn about the health of your baby and partner- Get a structured month-by-month overview of everything that's ahead of you - Get prepared practically and financially - Learn how a pregnancy affects

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men physically and emotionally, too (without feeling squeamish about it) - Be a better partner and an awesome dad! The Expectant Dad's Roadmap is the most fun way to grow as a soon-to-be parent, and your ticket to enjoy this magical time. Awaken the dad in you!

Your Pregnancy for the Father-to-Be

When it comes to the unknown territory of having a baby, moms-to-be have nearly unending resources to plan and execute a healthy pregnancy and navigate those first months and years as a parent with confidence. New dads? Not so much. They want to get in the game too, but, says Super Bowl champion Benjamin Watson, "I could find clearer direction for putting together a baby swing than for taking care of a newborn child." The New Dad's Playbook is every man's game plan to being the best partner and the best father, from pre-season (preparing for fatherhood) to Super Bowl (birth) to post-season (after baby is home). It helps men understand what their wives are going through physically and emotionally during and after pregnancy, allowing them to support their most important teammate. It tells men what to expect when their baby is home--and what to do when the unexpected happens. This tell-it-like-it-is book will take men from just winging it to winning it.

Dude, You're Gonna Be a Dad!

Discover how to play an active role in the birth of your baby. Learn the secrets to success from other men who have been through the gates of fatherhood before. you and start your role as dad in the best

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The New Father

This essential guide to pregnancy offers everything the expecting father needs to know in the run-up to the birth, or "deployment day." Packaged like an army training manual and written in guy-friendly, no-nonsense military speak, it presents month-by-month overviews of the baby's development, the lowdown on pregnancy symptoms, tips for supporting the mom-to-be, a guide to prenatal care, and what to expect during labor and beyond. With expert advice, easy-to-follow information, and commentary from other first-time fathers, it's the go-to reference for the dad-to-be who wants to prepare himself—mentally, physically, and emotionally—for the arrival of his new recruit.

The New Dad's Survival Guide

Lighthearted but serious advice for the father-to-be.

Ask Amy

A PUBLISHERS WEEKLY BESTSELLER Motherhood is hard. In a world of five-step lists and silver-bullet solutions to become perfect parents, mothers are burdened with mixed messages about who they are and what choices they should make. If you feel pulled between high-fives and hard words, with

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culture's solutions only raising more questions, you're not alone. But there is hope. You might think that Scripture doesn't have much to say about the food you make for breakfast, how you view your postpartum body, or what school choice you make for your children, but a deeper look reveals that the Bible provides the framework for finding answers to your specific questions about modern motherhood. Emily Jensen and Laura Wifler help you understand and apply the gospel to common issues moms face so you can connect your Sunday morning faith to the Monday morning tantrum. Discover how closely the gospel connects with today's motherhood. Join Emily and Laura as they walk through the redemptive story and reveal how the gospel applies to your everyday life, bringing hope, freedom, and joy in every area of motherhood.

We're Pregnant! the First Time Dad's Pregnancy Handbook

Congrats: You're going to be a dad! Now what? Dude, relax; you're going to be fine. But it wouldn't hurt to get a few pointers—a road map of what lies ahead. That's what this book is for. From Dude to Dad gives you the need-to-know essentials on pregnancy, birthing, and parenthood, and how it's okay to be scared out of your mind. You'll learn what the expecting mom is going through during each trimester, how you can be the best partner and dad-to-be, and how to immediately start bonding with baby. Be prepared for the arrival that will ultimately change your life in the best way possible.

Dad's Pregnant Too

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Men get pregnant too. Not physically, but during a partner's pregnancy, men go thru nine exciting, terrifying months during which they must find solutions to morning sickness and breast engorgement, and comfort their partners thru a million crises and cravings. "You're Pregnant too, Mate!" is a genuine pregnancy guide for men. With everything he needs to know, from conception (he spends years avoiding it, now he can't quite manage it), thru pregnancy (coping with sick/moody partner and sick/ moody himself), to dealing with a torrent of abuse and in-laws at birth, it's the perfect companion for any man during the nine (one, one) months.

Dad Fc - Debut Dads

Practical, hands-on information for fathers-to-be Dad's Guide to Pregnancy For Dummies is packed with practical, straightforward information for fathers-to-be, covering all of the logistical, physical, and emotional aspects of pregnancy from a dad's unique point of view. When it comes to pregnancy, dad's roles have changed so much in the past few decades that expectant fathers don't always know where to turn to for guidance and advice on this milestone event. Now they do! Dad's Guide to Pregnancy For Dummies covers: What to expect at doctor's visits Tips for being a supportive partner during pregnancy and preparing for fatherhood Advice on birth plans, labour and delivery, and the first days and weeks of a baby's life Packed with helpful information on the typical struggles and feelings expectant fathers face, Dad's Guide to Pregnancy For Dummies gives first-time fathers and veteran dads alike a wealth of useful information.

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The New Dad's Survival Guide

The New York Times bestseller: "Hilarious. No mushy tribute to the joys of fatherhood, Lewis' book addresses the good, the bad, and the merely baffling about having kids." —Boston Globe When Michael Lewis became a father, he decided to keep a written record of what actually happened immediately after the birth of each of his three children. This book is that record. But it is also something else: maybe the funniest, most unsparring account of ordinary daily household life ever recorded, from the point of view of the man inside. The remarkable thing about this story isn't that Lewis is so unusual. It's that he is so typical. The only wonder is that his wife has allowed him to publish it.

The Expectant Dad's Survival Guide

Originally published: Chicago, Ill.: Chicago Review Press, c2010.

Dad's Pregnant Too!

Children are amazing. Their limitless capacity for love is matched only by their ability to make you feel like an idiot. Don't worry. You're not alone. Watch *Your Junk and Other Advice for Expectant Fathers* tackles the subjects that other baby books ignore: - Why you shouldn't touch the wand in the sonogram room - The exact moment your opinion no longer counts - How people will respond to the news - How TV and baby classes have lied to us - Which poop jokes to expect in the delivery room - Converting

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diapers into usable guilt - How to assure your child says your name first And much, much more There's even a twin version in case you're so much a man that you knocked up your wife twice at the same time. Don't go into fatherhood unprepared, read Watch Your Junk and Other Advice for Expectant Fathers today and know what to expect before it's too late.

Commando Dad: New Recruits

From buying buggies and cutting the cord to dealing with your wife's breastfeeding in public - the life of a first-time father will throw up new experiences every day. The Expectant Dad's Survival Guide tells you everything you need to know during your partner's pregnancy and the first few weeks of your new life as a dad. Combining expert advice from midwives, psychologists and obstetricians with first-hand accounts, it explains what's happening with her, what's going on with your baby, and what the hell you should be doing every step of the way. With tips from those who know, what-to-do explanations and fascinating facts, this survival guide will ensure you're armed and ready for your role as a new father - from discovery to delivery and beyond. A must-read for all fathers-to-be.

Cheers to Childbirth

You read the pregnancy books, the nine months flew by without a hitch, the birth was brilliant and your healthy baby arrived on schedule. Job done, right? Often, the birth of your baby can feel like the end of the journey but really the adventure has only just begun. If you look down at you-junior, heart swelling

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with pride, then think "What now?", this book is for you. In this essential guide for new dads, Rob Kemp - the bestselling author of *The Expectant Dad's Survival Guide* - reveals what to expect in the first 18 months, arming you with the tools you need to be a fantastic dad. Covering everything from how to bond with your baby and support his development to practical issues, such as how to manage your working arrangements and finances, this book gives new dads the confidence, skills and knowledge to enjoy fatherhood - and do a brilliant job of it. Entertaining, informative, and packed full of expert advice, *The New Dad's Survival Guide* is the go-to guide for modern, hands-on dads.

Fatherhood

Dad's Pregnant Too! is a first-of-its-kind guide written for expectant fathers, but also intended for couples. From the first positive test, to the first time seducing your pregnant partner, to the first push, to the first week home following the birth, *Dad's Pregnant Too!* exposes and explores everything an expectant dad needs to know (but no one ever tells him). *Dad's Pregnant Too!* is the most comprehensive guide to help expectant fathers understand their partners, themselves, and what's really going on inside her belly. Medically reviewed Includes pictures of baby's development

So You're Going To Be a Dad

An indispensable survival manual for guys entering the trenches of fatherhood, *Be Prepared* is loaded with one-of-a-kind insights, MacGyver-esque tips and tricks, and no-nonsense advice for mastering the

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first year as a dad. Finally, a book that teaches men all the things they really need to know about fatherhood including how to: -Change a baby at a packed sports stadium -Create a decoy drawer full of old wallets, remote controls, and cell phones to throw baby off the scent of your real gear -Stay awake (or at least upright) at work -Babyproof a hotel room in four minutes flat -Construct an emergency diaper out of a towel, a sock, and duct tape Packed with helpful diagrams and detailed instructions, and delivered with a wry sense of humor, *Be Prepared* is the ultimate guide for sleep-deprived, applesauce-covered fathers everywhere.

Home Game: An Accidental Guide to Fatherhood

Do you want to learn more about pregnancy and childbirth? If you want answers, facts, and more thorough tips, just read on

From Dude to Dad

Becoming pregnant is hugely exciting, but with so many things to think about, it can also be a bit overwhelming. Ease all worries with *The Baby Bump*, a comprehensive guide that offers expert and real mom advice on surviving those all-important nine months. Featuring tips and advice on everything future moms really want to know including what is safe to eat, how the baby develops week by week, and what to expect in the delivery room—reading this book is like chatting with a been-there, done-that best friend. *The Baby Bump* offers a wealth of fun features such as Birth Plan Checklists, a Kick Count

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Tracker, and a Work Your Wardrobe outfit assembly guide. It's the must-have resource for any mom-to-be.

Grammar Advantage

A course text and self-study tool for advanced learners of English for academic purposes.

The New Dad's Playbook

Announcing the prequel! From Heidi Murkoff, author of the world's bestselling pregnancy and parenting books, comes the must-have guide every expectant couple needs before they even conceive - the first step in *What to Expect: What to Expect Before You're Expecting*. Medical groups now recommend that all hopeful parents plan for baby-making at least three months before they begin trying. And who better to guide want-to-be mums and dads step-by-step through the preconception (and conception) process than Heidi Murkoff? It's all here. Everything couples need to know before sperm and egg meet. Packed with the same kind of reassuring, empathic and practical information and advice that readers have come to expect from *What to Expect*, only sooner. Which baby-friendly foods to order up (say yes to yams) and which fertility-busters to avoid (see you later, saturated fat); lifestyle adjustments that you'll want to make (cut back on cocktails and caffeine) and those you can probably skip (that switch to boxer shorts). How to pinpoint ovulation, keep on-demand sex sexy, and separate conception fact from myth. Plus, when to seek help and the latest on fertility treatments - from IVF to surrogacy and more. Complete with

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a fill-in fertility journal to keep track of the baby-making adventure and special tips throughout for hopeful dads. Next step? What to Expect When You're Expecting, of course.

Risen Motherhood

This indispensable book explores the emotional, financial, and even physical changes the father-to-be may experience during his partners pregnancy. Written in an easy-to-absorb format and filled with sound advice and practical tips for men on such topics as how to make sense of your conflicting emotions, how pregnancy affects your sex life, and how to start a college fund, this volume reassures, commiserates, and informs. It also incorporates the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists. This new edition features the latest research on many topics, from the reasons for premature birth to nutritional supplements. The finances section has been updated; advice for expectant adoptive fathers has been added throughout; information for fathers expecting twins and other multiples is included; and the resources section and bibliography have been considerably expanded. Illustrated throughout with New Yorker-style cartoons that will make even the most anxious father chuckle, this book is the essential reference for all expectant couples.

You're Pregnant Too,Mate!

There are approximately 3,712 ways for a guy to look stupid during pregnancy—this book's here to help you avoid all (most) of them. And here's your first hint: Focus on what you can be doing for her rather

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than what's happening to her. She's pregnant. She knows that. You know that. And her 152 baby books tell her exactly what she can expect. Your job is to learn what you can do between the stick turning blue and the drive to the delivery room to make the next nine months go as smoothly as possible. That's where John Pfeiffer steps in. Like any good coach, he's been through it. He's dealt with the morning sickness and doctor visits, painting the baby's nursery and packing the overnight bag, choosing a name, hospital, and the color of the car-seat cover. All the while he remained positive and responsive—there with a "You're beautiful" when necessary—but assertive during the decision-making process. (He didn't want to wind up with a kid named Percy.) And now it's your turn. She might be having the baby, but you have plenty of responsibilities.

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