

## **The National Outdoor Leadership Schools Wilderness Guide The Classic Handbook Revised And Updated**

NOLS Wilderness Navigation  
NOLS Wilderness Medicine  
Fifty Years of Resident Outdoor Education, 1930-1980  
The National Outdoor Leadership School's Wilderness Guide  
Outdoor Education  
Quality Lesson Plans for Outdoor Education  
NOLS Wilderness Medicine  
Outdoor Leadership  
Risk Management for Outdoor Leaders  
NOLS Cookery  
A Worthy Expedition  
Christian Outdoor Leadership: Theology, Theory, and Practice  
2009 NOLS Leadership Educator Notebook  
The Adventure Gap  
A Worthy Expedition  
Proceedings of the National Outdoor Education Conference, 21-24 August, 1982, Wellington Teachers College  
NOLS Soft Paths  
NOLS Wilderness Navigation  
2001 NOLS Leadership Education Toolbox  
Proceedings--National Wilderness Research Conference  
Outdoor Leadership Competency  
Reasons for Participating in the 1972 National Outdoor Leadership School Wilderness Expeditions  
Controversial Issues in Adventure Programming  
Criteria for Developing a Model Outdoor Education Resource Center  
Outdoor Adventure Education  
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Resources in Education  
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Wilderness Wisdom  
AMC Guide to Outdoor Leadership  
NOLS Wilderness Ethics  
Wilderness First Responder  
NOLS Bear Essentials  
Journal of Outdoor Education  
NOLS Wilderness Mountaineering  
1989 National Outdoor Leadership School Staff Conference Proceedings  
The National Outdoor Leadership School's Wilderness Guide  
NOLS Environmental Education Notebook "the Leader in Wilderness Education"

### **NOLS Wilderness Navigation**

Survey of the legislation and agency structures that define wildlands management today. Thought-provoking and filled with valuable information, this is an essential tool for anyone who cares about the future of wilderness in the U.S. Book jacket.

### **NOLS Wilderness Medicine**

Review: "Quality Lesson Plans for Outdoor Education is a flexible, easy-to-use reference that helps you deliver outdoor activities whether you are a physical educator, a youth or outdoor recreation leader, or a camp or resort leader. You will discover an abundance of ideas that can make your job easier, enrich your teaching knowledge, and broaden your current programs." "Quality Lesson Plans for Outdoor Education grounds you in the essentials of outdoor education by streamlining your preparation and paving the way for a smooth delivery of effective outdoor instruction."--Jacket

### **Fifty Years of Resident Outdoor Education, 1930-1980**

### **The National Outdoor Leadership School's Wilderness Guide**

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The National Outdoor Leadership School's official guide to finding your way in the wilderness Covers all navigational techniques, from map and compass to GPS and gives instructions on taking bearings and planning routes on USGS maps Up-to-date information on tools, equipment, and software, including smartphones and iPads for navigation, new emergency communication technology (such as SPOT), and solar power Updated and new illustrations by Jon Cox

### **Outdoor Education**

#### **Quality Lesson Plans for Outdoor Education**

An update to the classic guide to backcountry cooking.

#### **NOLS Wilderness Medicine**

Nutrition, menu planning, packaging, equipment, open-fire and high-altitude cooking, and more are covered in this revised and updated NOLS book. More than 170 recipes.

### **Outdoor Leadership**

#### **Risk Management for Outdoor Leaders**

The first teaching manual ever for the "Wilderness First Responder" course, this title represents the cutting edge in medical training for wilderness rescue and self care. The schools affiliated with Tilton's program include the Wilderness Medicine Institute, a subsidiary of NOLS, and SOLO.

#### **NOLS Cookery**

### **A Worthy Expedition**

#### **Christian Outdoor Leadership: Theology, Theory, and Practice**

One of the finest first aid books I've seen. --Mel Otten, M.D., Wilderness Medical Society • New chapters on judgment and decision-making and mental health • First-aid topics--patient assessment, shock, soft tissue injury, burns, fractures and dislocations, and chest, head, and abdominal injury • How to handle environmental problems--heat, cold, water, altitude, and poisonous plants and animals

## **2009 NOLS Leadership Educator Notebook**

Outdoor Adventure Education: Foundations, Theories, Models, and Research steeps students in the theories, concepts, and developments of outdoor adventure education, preparing them for careers in this burgeoning field. This text is based on author Alan W. Ewert's pioneering book Outdoor Adventure Pursuits: Foundations, Models, and Theories. Ewert and Sibthorp, both experienced practitioners, researchers, and educators, explore the outdoor adventure field today in relation to the changes that have occurred since Ewert's first book. The authors present a comprehensive text on outdoor and adventure foundations, theories, and research that will provide the basis for the next generation of professionals.

## **The Adventure Gap**

A HISTORY OF OUTDOOR LEADERSHIP In 1965, in the Wind River mountains of Wyoming, legendary mountaineer Paul Petzoldt founded a new school dedicated to the notion that the wilderness classroom could teach leadership. In the fifty years since, the National Outdoor Leadership School (NOLS) has embraced and explored the unknown, leading over a quarter of a million students through transformative educational experiences both vast in scale and deeply personal. Graduates of NOLS are leaders across society: conservation, exploration, public policy, education, land management, business, and wilderness medicine. And they carry firsthand appreciation for the value of protecting our wild planet for generations to come. Built by dedicated staff and the legacy of its students, NOLS has diversified and expanded to become a global presence and an industry leader. As the school moves into the future, the name of NOLS will continue to represent, as it always has, leadership, expertise, and the power of the wilderness. It is with one eye on the future that NOLS celebrates its past. This is its story.

## **A Worthy Expedition**

Outdoor Education: Methods and Strategies will show students how to -use physical, cognitive, and affective methods to teach lessons in different settings to different audiences; -link educational theories to teaching methods and choose the best method for each setting; and -implement strategies with easy-to-use forms and lesson plans. Outdoor Education: Methods and Strategies provides all the necessary information and tools for teaching outdoor education. It applies educational theories to outdoor teaching methods and helps educators choose the instructional strategy that will work best for their audience, whether they're in a school, nature center, adventure center, camp, environmental learning center, government agency, or university. This text includes the following features: -Easy-to-use forms for designing, implementing, and evaluating outdoor lesson plans -Six highly detailed sample lesson plans, representing a variety of settings for different age groups and abilities and using physical, cognitive, and affective methods -Teaching tips, real-life case studies, and interactive exercises to apply concepts in each chapter Outdoor Education: Methods and Strategies contains practical lesson plans and examples

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that go beyond the normal scope of a text. It includes key concepts, objectives, and summaries for each chapter, and it presents an extensive set of educational methods and applications to foster optimal learning. Part I defines what outdoor education is and details the professional expectations of an outdoor educator. It also explores educational theories that support outdoor education, including developmental stages, learning stages, and constructivism. Part II covers teacher preparation, including understanding the backgrounds and abilities of participants, creating a successful learning environment, teaching effectively in a variety of outdoor settings, and designing lesson plans. In part III, the authors explore methods and delivery of outdoor education. They examine the uses of physical, cognitive, and affective methods for teaching, and they provide six ready-to-use sample lessons. They also help readers reflect on, evaluate, and improve their lesson plans through experimentation. *Outdoor Education: Methods and Strategies* will benefit all educators, new or veteran, in enhancing their audience's awareness, appreciation, and knowledge of the outdoors. Ultimately, it will advance educators' abilities to increase people's enjoyment and understanding of the environment.

### **Proceedings of the National Outdoor Education Conference, 21-24 August, 1982, Wellington Teachers College**

More than 1,000 quotes from close to 600 sources in categories ranging from leadership to diversity and inclusion to environmental ethics to expedition planning.

### **NOLS Soft Paths**

New edition of the popular guide to low-impact camping with updated information on waste disposal, campsite selection, fire building Details on recent legislation and up-to-date research on recreational wilderness use Tailored to a variety of environments, from coastal regions to deserts Drawing on the principles of the Leave No Trace program, the expertise of the National Outdoor Leadership School, and the substantial body of research into wilderness use, *Soft Paths* has long been the definitive guide to low-impact outdoor activity. This new edition covers every aspect of the outdoor experience, demonstrating the frequently simple, often unexpected measures that we can take to keep the wilderness pristine. This edition also provides new information on conservation law and the public's use of wild lands, ensuring that readers can minimize impact without sacrificing their enjoyment of the outdoors.

### **NOLS Wilderness Navigation**

- The guide for planning a successful trip, short or long
- Research access to public land, domestic and international
- Create a budget and find additional funding
- Choose essential gear, with checklists for personal and group gear
- Plan food and fuel requirements
- How to prepare mentally and physically
- Health issues, including insurance, illnesses, and injuries
- Transportation and lodging
- How to deal with risks in the wilderness
- Leave No Trace principles for sustainable travel

### **2001 NOLS Leadership Education Toolbox**

Fifty years of innovative programming in what has come to be called resident outdoor education are traced in this volume which examines the evolution of resident outdoor education from its early beginnings to the present. The several authors of this book are leaders in outdoor education who have been intimately involved in the development of programs and the teaching of other leaders. The various themes crystalize the essence of resident outdoor education as practiced in the United States from 1930-1980 and highlight the impact of this curriculum innovation on American education. Analyzing the impact that resident outdoor education has had on educational philosophy and practice, this book brings together numerous experiences in developing programs. Two aspects of outdoor education are prominent herein. The first (the central theme of the book) is that there is a need for direct contact with the environment, that some learning makes a deeper impact and is retained longer when a concept or an object is discovered, observed, sensed, and interpreted in the natural setting. The second aspect addresses learning to live with our fellow creatures. It is the intent of this volume to make possible a greater understanding of the outdoor education movement and of the need for extending its benefits throughout our school systems. (Author/AN)

### **Proceedings--National Wilderness Research Conference**

A HISTORY OF OUTDOOR LEADERSHIP In 1965, in the Wind River mountains of Wyoming, legendary mountaineer Paul Petzoldt founded a new school dedicated to the notion that the wilderness classroom could teach leadership. In the fifty years since, the National Outdoor Leadership School (NOLS) has embraced and explored the unknown, leading over a quarter of a million students through transformative educational experiences both vast in scale and deeply personal. Graduates of NOLS are leaders across society: conservation, exploration, public policy, education, land management, business, and wilderness medicine. And they carry firsthand appreciation for the value of protecting our wild planet for generations to come. Built by dedicated staff and the legacy of its students, NOLS has diversified and expanded to become a global presence and an industry leader. As the school moves into the future, the name of NOLS will continue to represent, as it always has, leadership, expertise, and the power of the wilderness. It is with one eye on the future that NOLS celebrates its past. This is its story.

### **Outdoor Leadership Competency**

### **Reasons for Participating in the 1972 National Outdoor Leadership School Wilderness Expeditions**

### **Controversial Issues in Adventure Programming**

- Chronicles the first all-African American summit attempt on Denali, the highest point in North America
- Part adventure story, part history, and part argument for the importance of inspiring future generations to value nature

The nation's wild places—from national and state parks to national forests, preserves, and wilderness areas—belong to all Americans. But not all of us use these resources equally. Minority populations are much less likely to seek recreation, adventure, and solace in our wilderness spaces. It's a difference that African American author James Mills addresses in his new book, *The*

Adventure Gap: Changing the Face of the Outdoors. Bridging the so-called “adventure gap” requires role models who can inspire the uninitiated to experience and enjoy wild places. Once new visitors are there, a love affair often follows. This is important because as our country grows increasingly multicultural, our natural legacy will need the devotion of people of all races and ethnicities to steward its care. In 2013, the first all-African American team of climbers, sponsored by the National Outdoor Leadership School (NOLS), challenged themselves on North America’s highest point, the dangerous and forbidding Denali, in Alaska. Mills uses Expedition Denali and its team members’ adventures as a jumping-off point to explore how minority populations view their place in wild environments and to share the stories of those who have already achieved significant accomplishments in outdoor adventures—from Mathew Henson, a Black explorer who stood with Peary at the North Pole, to Kai Lightner, a teenage sport climber currently winning national competitions. The goal of the expedition, and now the book, is to inspire minority communities to look outdoors for experiences that will enrich their lives, and to encourage them toward greater environmental stewardship.

## **Criteria for Developing a Model Outdoor Education Resource Center**

This updated edition of the popular NOLS Wilderness Mountaineering reflects the most current practices, equipment, and risk management in mountain climbing.

## **Outdoor Adventure Education**

### **NOLS Cookery**

### **NOLS Expedition Planning**

### **NOLS Wilderness Wisdom**

Controversial Issues in Adventure Programming offers an engaging approach to the consideration of enduring, current, and emerging issues in the field. Written primarily for upper-level undergraduate and graduate students, the text presents 20 issues in a debate format, challenging students to participate in critical discourse concerning these issues as practitioners in the field of adventure programming. Respected authors Bruce Martin and Mark Wagstaff have assembled a team of more than 50 contributors from around the globe to reassess some of the underlying assumptions on which adventure programming is based. They have critically examined implications of new developments for emerging practice and discussed how best to position the field of adventure programming in addressing broader societal concerns. To set the stage for the debate, each issue is prefaced with a general overview, including the evolution of the issue and its significance in light of broader social concerns. Then, contributors present the pros and cons of each issue. A debate format

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helps students develop an understanding of the key points around each issue while also becoming familiar with current research pertinent to these issues. This approach also encourages students to grapple with these issues and begin to develop their own informed, thoughtful perspectives as they prepare for careers in adventure programming. *Controversial Issues in Adventure Programming* is divided into two parts. Part I begins by discussing issues of ongoing concern in the field, including the certification debate, motorized versus nonmotorized forms of outdoor recreation, and program accreditation. In part II, contemporary and emerging issues are presented, such as the use of online educational programming in the field of adventure programming. As a reference for practitioners and policy makers, *Controversial Issues in Adventure Programming* offers new and updated perspectives on enduring and emerging issues as well as a synthesis of the most recent related scholarly literature. In addition, the text serves as a resource in understanding how the adventure programming industry can contribute to addressing issues of broad concern in society, such as public health, global climate change, stewardship of public lands and waterways, and education reform. *Controversial Issues in Adventure Programming* encourages readers to participate in some of the central debates occurring in the field. In particular, this timely resource will help students broaden their understanding of the field as they critically examine and respond to a range of enduring, contemporary, and emerging topics in adventure programming.

### **Resources in Education**

#### **NOLS Wilderness Educator Notebook**

#### **Wilderness Wisdom**

#### **AMC Guide to Outdoor Leadership**

The National Outdoor Leadership School's official guide to finding your way in the wilderness Covers all navigational techniques, from map and compass to GPS and gives instructions on taking bearings and planning routes on USGS maps Up-to-date information on tools, equipment, and software For wilderness travelers, good navigation ability can mean the difference between a successful day hike and an unplanned overnight stay. Based on the curriculum of the National Outdoor Leadership School, *NOLS Wilderness Navigation* gives you the skills you need to confidently find your way on and off the trail. Included here are methods for orienting yourself by the sun and the stars alone, easy-to-follow explanations of map and compass techniques, and advice on using an altimeter. There's also a comprehensive section on using GPS technology-without becoming dependent on it. Exercises at the end of each chapter help readers gradually develop their skills and build their confidence. Colour illustrations

#### **NOLS Wilderness Ethics**

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Seven common bear encounters and how to survive them. Best ways to identify grizzlies and black bears. Learn essential info on bear behavior at different times of year and in different habitats.

### **Wilderness First Responder**

"This book has dozens of lesson plans for teaching the environmental studies aspect of the NOLS core curriculum. Some chapters are self-sufficient lesson plans, some are background notes on topics, and some are games. Where else can you find "Wilderness Jeopardy: The Law Of The Land Edition?"--pub. website.

### **NOLS Bear Essentials**

Compiled by National Outdoor Leadership School instructors and based on NOLS curriculum More than 900 quotes from over 500 sources in categories ranging from leadership to environmental ethics to expedition planning Designed for outdoor use The culmination of several decades of work on the part of instructors at the National Outdoor Leadership School, Wilderness Wisdom combines quotations from environmentalists, nature writers, athletes, and public figures as diverse as Mahatma Gandhi and Albert Einstein. Perfect for moments of quiet contemplation in the wilderness, it also serves as a handy guide to various aspects of everyday life. This small, lightweight book will be of particular interest to hikers, climbers, and other outdoor enthusiasts looking for inspiration as they meet the challenges of the wilderness.

### **Journal of Outdoor Education**

A guide for backpackers, hikers, and other wilderness buffs offers information on equipment and techniques, search and rescue methods, cooking, and safety

### **NOLS Wilderness Mountaineering**

### **1989 National Outdoor Leadership School Staff Conference Proceedings**

Outdoor Leadership, Second Edition, is the definitive text for developing student leadership in outdoor and adventure settings throughout the world. Crafted by an author team internationally recognized for their research, teaching, and experience in outdoor and adventure leadership, this new edition provides students with the foundational knowledge they need to develop as competent professionals in the field. Grounded in Eight Core Competencies Through Outdoor Leadership, Second Edition, students are introduced to eight core competencies that the authors consider essential to outdoor leadership: 1. Foundational knowledge 2. Self-awareness and professional conduct 3. Decision making and judgment 4. Teaching and facilitation 5. Environmental

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stewardship 6. Program management 7. Safety and risk management 8. Technical ability This unique approach to outdoor and adventure leadership will help students meet current professional standards in the field as they prepare for careers in education and recreation. The students move step by step through the materials and assignments, gaining and demonstrating leadership competencies, which they will document through a portfolio of their course experiences. The development of these portfolios is a highly practical and valuable takeaway for students looking to get a leg up as they ready themselves for their careers. New to the Text This latest edition of Outdoor Leadership offers new features, material, and resources, including:

- The expertise and perspectives of new author Marni Goldenberg
- A new chapter on program assessment
- A new chapter on developing cultural and social justice competencies as an outdoor leader
- A redistribution of the content on values and ethics (formerly a single chapter) across multiple chapters
- An increased emphasis on international perspectives
- A stronger focus on outdoor leadership in the area of ecotourism
- Revisions to address critical issues in the evolving field of outdoor and adventure leadership
- New ancillaries, including an instructor guide (which includes learning and portfolio activities for each chapter, as well as other new learning experiences), a test package, and a presentation package

**Emphasizing Both Theory and Practice** While primarily directed at novice outdoor leaders, is useful for more experienced outdoor leaders as well, including administrative and supervisory personnel in outdoor leadership organizations. The authors have created a balance between theory and practice as they explore the eight core competencies by doing the following:

- Introducing students to a wide variety of theories and concepts integral to outdoor leadership
- Using chapter-opening vignettes to illustrate the theories and concepts addressed in the chapter
- Acquainting readers with numerous organizations and agencies in which outdoor leaders work
- Offering a series of learning activities and professional development exercises to transform the theoretical into the practical

**Preparing Students for Successful Careers** The result is a highly useful resource that grounds students in the theories, concepts, and competencies that they need in order to be successful leaders in outdoor and adventure settings. This competency-based approach will help aspiring outdoor leaders plan safe, enjoyable, and ecologically responsible expeditions; acquire and showcase their leadership abilities, culminating in a professional portfolio; and develop the knowledge and expertise they need to be effective leaders.

### **The National Outdoor Leadership School's Wilderness Guide**

"A publication of the National Outdoor Leadership School and Stackpole Books."

### **NOLS Environmental Education Notebook "the Leader in Wilderness Education"**

This completely revised and updated handbook details the critical skills and concepts every professional or volunteer outdoors leader needs to know. Building on the basic foundations of leadership, case studies, and his own extensive leadership experience, Kosseff explores such topics as effective decision-making, group dynamics, risk management, self-awareness and evaluation, conservation, and more. Also included is a new chapter on techniques for leading and motivating kids and young adults. Comprehensive, readable, and packed with practical advice and real-life experiences, AMC Guide to Outdoor Leadership, 2nd Edition is a must-read for anyone committed to becoming a safe and effective outdoors leader, whether a scout leader, camp leader, guide, educator, or adventurous parent. Inside you'll find:

- Accessible, comprehensive techniques for new and experienced leaders
- Comprehensive coverage of leadership concepts
- Advice and anecdotes from experts on decision making, communication, risk management, and more
- Appendix of training

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programs Essential reading lists for further study

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